NEW STRAITS TIMES



Malaysia and the Vatican to have diplomatic ties

COOPERATION The world is at "crossroads". so forging links and alliances is important, Prime Minister says

minutes a lambyroom

elecate and the Vatious have agreed to establish formal distingual id rolations to personto broads of more and broadships and strengther, cosperation threen both sides. The an acoustomers come following Prises Minister Datch Seel Rolling Razak's stallactor with Pope Besedict XVI at the proped scattered residence becoming Garadial En, seutrado Norras.

Navinacibut the world "built a crossrouts". Nacib said Malaysia machinin to disan its expentpracts with the world, and that was why Malacoia was committed to forging links and alliances with like-straided countries to promote weeld. preser and factories. "This in the mate sowers - the Organization of the Interes Cooperation. with Nacianatanakahi tahod dipriomana milai bese

toward after the sweeting.

He said Malaysia and the Vallena were tomber 2000 in New York. preparational to augmentating acqueive fractor by supplieding the present of making

and moderation. He added that the Hale See recognised Malacola's commitmarter to promote moderation as a global doubtne

"Dur officet in managing our alvanoity chapity vertices franction and challenges in a progress neathshe that all terms wealthing cars auccond. "Hospitor, we must remain vigilant and confront persistings Trengo that checkers to upersyclithis facesory, We must also do more by achipting an inchesive approach to administration and government and ensuring the Malaysias yes altitres on Malaystan," he sold,

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North, who brought along with him a regly full horses. rage in the morting with the Pape, put forth his concept for a Utishal Movement of Moderntes to coupter pitremirson of all forces, a call he first made when delivering his spends at the Chilad Nationa Curaral Amendis In Sigtem-

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Malaysian women 16th most stressed

NEW YORK Muley-vises we made hack 10(h emre) strespect in the world, according to a recent of andly contribute attention between which avenues worldwide and subjected to. Indian women rank as the world knowst steened (87 per cent), says the stacks, propered by the information and media company, Nichers

They surplesed to deseathy Menicus werener to opposed this hampon. We | Dispersent and Runkle women personn In the developed cracetries, the stress level is the highest for women to lipate the per cents. Protect (66 per cost) and haly (64 per cost)

Malaysias metaos (44 per oral) rank forb in the let while women to Thadand (4) per cost share the 10th god with fourth forms 165 per

Augustione women (ST per cent) can't Eltiwhile modulated Chinese women the per conti rank Little. The study, which money-hed contain behavioural patterns of warms in 21 develo ping and emerging removalus, revealed that Anth'i engree and a motority of women all over the weeld list stressed out, with countries of the Department of those in the so-called energing countries facing present alrest than their concentrate in One developed constition, According to India's Economic Times, the grouter stress levels of women in the newly ladostrialised countries could be estributed to the fact that in recent yeare. Ne vealingto, in table, the corporate section a raci (the britis boal directingted of a power. According to Inday's Economic Times, the greater stress horsely of woorsen constrains.

As featured in **New Straits Time**

























N a city like Singapore where land is expensive, out-of-the-box thinking is mandatory to give hotel guests an illusion of spaciousness.

That new frontier in urban architecture is achieved by manipulating vertical space, seen in high ceilings, open-air areas, creative use of rooftops and creepers that climb as high as skyscrapers.

These are some of the ideas employed to cocoon guests in a sanctuary that feels kilometres away from the concrete jungle right outside the front door.

The new Oasia Downtown Singapore Hotel in Tanjong Pagar is a clear manifestation of the success of such a concept. Opened in April, the four-star non-smoking hotel is beautiful and serene, in line with the word oasis, from which its name is derived.

The aluminium mesh structure looks red and green now because the creepers need a year or two to fully cover the whole building. By that time, I guess it will look like a giant tree in the midst of buildings.

The 27-floor building is as tall as a 40-floor structure, which means ceilings are elevated and sunlight is generous to give a tranquil setting. My favourite public space is the outdoor lawn on the 12th floor, opposite the reception.

A square space perfect for yoga, the open-air area overlooks the city and gives a natural vibe despite the artificial grass and the concrete surrounding it. The same natural concept is employed on its 27th floor pool.

Each level, from the 30m high ceiling at the Skyline Pavilion to the rooftop pools on level 27, provides a spectacular view of Singapore, from the heritage view of old Singapore to its central business district and even the port.

With the theme Journey Well and the concept of Refresh, Recharge And Refuel spread throughout the hotel, wellness is its central approach, hence the lawn and the 24-hour gym.

PRIVATE SPACE

The 28sq m Club Rooms exude the same wellness and organic-themed decor such as natural wood and intricate designs. With only 88 rooms and two suites, the Club Rooms offer privacy and personalised check-in, among others.

Little things matters in this hotel. There is complimentary in-room coconut water in the minibar, a Nepresso coffee machine

A new hotel in Singapore has added little things to motivate travellers who have fallen off the wellness grid, writes Syida Lizta Amirul Ihsan



Grab a book and relax by the infinity pool.

and Tripod Capsules (the capsules are biodegradable) as well as pillow mist to ensure a good sleep, especially for jetlagged travellers.

The rooms are also equipped technologically. These include a Samsung Smart TV where you can stream your own content or connect to YouTube or Twitter. There is also a Press reader for e-papers and e-magazines, and a Handy smartphone, equipped with 3G connectivity and free calls to select countries.

But the best thing about the Club floor is the lounge. Its breakfast is smaller in selection than its Marmalade Pantry restaurant, but the quality of food is better, especially the juices and cereal selection.

With a barista around to make you a cup of your favourite coffee, you don't have to settle for the watered-down version that's a standard at hotel breakfast buffets.

This old Singapore area is also a great place for morning runs. There are not many cars on the roads and you can enjoy the architecture of old buildings or run along the port area to enjoy the view of

PICTURES COURTESY OF FAR EAST HOSPITALITY

Otherwise, head over to the Duxton Plain Park, which is about 2km away, if you want to run in a park,

If the hotel can, in future, incorporate running sessions for guests or yoga and pilates session on the 12th floor lawn, then I think this green building will soon become a gem in the city.

slizta@nstp.com.my



Wellness is central to the hotel, and the lawn on the 12th floor serves as an ideal spot for morning yoga.

OASIA HOTEL DOWNTOWN

100 Peck Seah Street, Singapore TEL +65 6812 6900 WEBSITE info.ohd@fareast.com.sg

It's 20 minutes by taxi from Changi International Airport. If you are taking the MRT, take the green East West Line to Tanjong Pagar and the hotel is a two-minute walk a way.

Beautiful, spacious and natureoriented.

314 rooms, of which 224 are superior and deluxe rooms, 88 are club rooms and two are suites.

From SS195 (RM579) (excluding tax).

Complimentary WiFi for guests, a 24hour gym and two pools. Marmalade Pantry serves meals from breakfast to dinner and Cin Cin Bar, also on the same floor, is a gin joint.

The business centre has two Retreat Rooms, offering space for functions and seminars with a seating capacity of 60 in theatre format or up to 20 in a boardroom set-up.

Set in a floor-to-ceiling glass meeting room, conference guests can enjoy the peace and serenity of the surrounding greenery to help boost creativity.

OVERALL SERVICE

Attentive, helpful and friendly.

NEARBY ATTRACTIONS

Within walking distance of the Tanjong Pagar MRT station, Tanjong Pagar market, International Plaza Mall, Icon Village, 100 AM Shopping Mall.



The Club Room.























Stav Jom! BOX 17 100





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PERMIT

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If you're coming from Julan Sultan Ismail, turn right at the traffic light, into Jalan P. Ramber and the first right into Lorong P, Ramies. The Oasia Suites Kuala Lumpur is at end of Lorong P. Ramiee.

MAIN ATTRACTION

Location. Quiet locals in the heart of the city but strongically located to all the tourist attractions, Jalan P, Ramlee nightlife and Jalan Buick Bintang.

247 rooms over two blocks with choloes of Superior, Delake, One-bedroom Premier Room, One-bedroom Premier Suites. Two-bedroom Jurior Suites, Twobedroom Premier Suites.

Prices range from RM420++ (Delune) to RMS30++ (Twobedroom Premier Suite). All prices are not inclusive of tax and brookfast.

OVERALL SERVICE Friendly

PLACES WITHIN WASKING DISTANCE

A 15-minute walk to KLCC, Bukit Narius triain station and Hard Rock Caff. It's a 5-minute walk to the Weld and Menara Hap Seng which has various opteries. Or take a flive minute brisk walk or free shuttle bus to the base of Ki. Tower and to the back gate of KL Eco Park.

MAGINE living in the beast of the city but away from its bustle and hustie. It can be possible if you stay at a nesidence-cum-botel which gives you all the condomy of house. Though right mack in the Kuala Lumpur Golden Triangle. Ousta Suites Kinala Lumpur is tucked away in Lorong P. Raunice but still within walking

distance to the popular shopping and murist

Active or to ICL Found East Park (for sourly incom as Bukit Nanas Forest Reserve), the hotel is located at the dead end of Losong P. Ramire and Injust behind the IEL Tower. When driving towards the hotel, my friend and I malise the botel driveway is somewhat narrow. During the day, the modificating up to it can be congested with cars parked along

The purisfits perfectly with the whole concept of Clasia's welfness theme. Classa Suren. Knala Lumpur is the first expansion of the Ossia brand by Singapore-owned For East Empirality in Malaysia. The newly launched hotel in Kuala Longur, which cases to businest and leisure guests, focuses on the wellnew pillars - refresh, refuel and recharge.

I can imagine hotel quests start a busy day of varettings or shopping spree at the neighbouring Built Borrang Shopping Dismict with a morning vallethrough the forest.

SENSE OF CALMINESS

A modern design of comfortable grey couches, wooden tables and granite pillars reflect a sense of calmness. That and a warm welcome from the friendly exception staff make me ready to get recharged.

Echards intro-core-bedrooms premier room. on the 14th floor with a view of the KL Tower. The promise moon cotoes with an outer area. It feels loxurious with two flat screen TVs. a blue-ray DVD player with a USB port, a litchmette, washing machine cum dryer. microwave and a dirring rable. The soft lightinglends a cosy homely feet.

The bedroom comes with an attached bathroom and dressing room. The whole unit has elements of nature with its green. and Invenstriped corpets and wooden backdrop. There is an amazing night view of the 81. Tower, all lighted up and surrounded by

The buthroom has a unique byout - sliding doors separate the main area from the thower and water closet area. The concept is nature-themed, hence the tolleries are a collection of green-coloured soap with white tea" fragrance, fresh scented lotion. shampoo and other americies.

The king-stand bed is comfortable and after a goodnight's sleep, I wake up feeling

REFUELLING AND RECHARGING

The botel has an all-day dining at Kafe





The restings pool on the 24th floor boast a view of the city. Perumpursance countries

WELLNESS

This hotel not only gives you a feeling of home but is also within walking distance to popular shopping and tourist atttractions, writes Laveda Charles

Oasia which serves Asian and Western fore. There are some "healthy" dishes to choose from such as fresh salads, tofucheese cake and organic pasture-fed. chicken. For drinks, there's are fresh julces, test and coffee.

Though it does not have a huge selection for the international breakfast buffor, the cafe changes its selection daily. which is refreshing for longer-waving guests. The must try dishes are the indoneslan satay, ayam percik Kelantan und Vietnamese soft rice yells. Take note that room service is available until 10.30pm.

Guests can absorecharge at the 24-hour gym that has ceiling to floor windows courtooking the city. The gym seams perfact for those who just want some alone time. The rooftop garden and swimming good located on the same level has unique rounded pool chains, and have a beautiful view of the city. Next to the pool are two meeting mores and a resident loungs but is only accessible for long-stay guests.

This bond caters for families and corporate people who just want a place to stay in the city but away from the crowd. The hotel also provides multi-story parking.



The suser room of the one-hedroom Premier Room.



The 24-hour gymnanium overlooks the city-



The bedroom with the flat screen TV and white-lineard king size